

ST. TAMMANY UNITED

2023 annual report to the community

OUR MISSION

We are the heartbeat of our community, caring for our patients and their families with excellence, compassion and teamwork.

OUR VISION

We will strengthen the health of our community with compassion, innovation and partnership.

OUR VALUES

Teamwork

We are a team, a community, a **family** devoted to helping and healing every patient every time, together.

Trust

We have faith in our caring work and pledge our **honesty, courage, respect** and **integrity** to each other and every patient in every encounter.

Compassion

We care deeply about our patients and colleagues, treating each other with **empathy** and **respect**, as if they were our own family.

Quality

We are accountable to our patients and each other to always deliver our very best, **safest** care, to strive for **excellence** and to consistently deliver on these promises.

Innovation

We seek new **knowledge, competencies, techniques, technology** and **best practices** to bring new **hope** and **healing** to our patients close to home.

United in good health

Dear Friends,

If you know me at all, you know I am a firm believer in the power of gratitude. As such, I am a habitual blessings counter.

As I reflect on 2023 at St. Tammany Health System, I have been doing a whole lot of counting.

In the past year, we have continued growing our physical footprint, and thus our reach in the community. We have continued expanding our already-best-in-the-region capabilities. We continue to build the biggest and best healthcare workforce around.

But, as the saying goes, a community is only as healthy as its least healthy members.

That's why, in 2023 we launched St. Tammany United, an ambitious series of communitywide campaigns to rally our friends, neighbors, governmental leaders and other community stakeholders behind the rainbow of health-related causes throughout the year.

The signature installment is our St. Tammany United in breast cancer awareness initiative, which has been raising money and awareness for breast cancer in our community for the past three Octobers. In November, it was joined by United in Pearl, in recognition of Lung Cancer Awareness Month.

We have also united the Northshore behind American Heart Month, World Autism Month and many others – with more to come.

Why do we do these things? Because since our founding in 1954, community has been at the heart of everything we do at St. Tammany Health System. So, as we assembled this look back on 2023, “St. Tammany United” felt like the perfect theme.

Because alone, we can do great things. But united, we are unstoppable.

Now let's take a look back at what we achieved for our community in 2023 – together.

Gratefully,



Joan M. Coffman, FACHE
St. Tammany Health System president and CEO

Teamwork

We are a team, a community, a family devoted to helping and healing every patient every time, together.

There's strength in numbers. It's really as simple as that.

We could do a fine job of caring for our community all on our own, but we have learned over the years that we can do a lot more by linking arms with like-minded community organizations throughout the region.

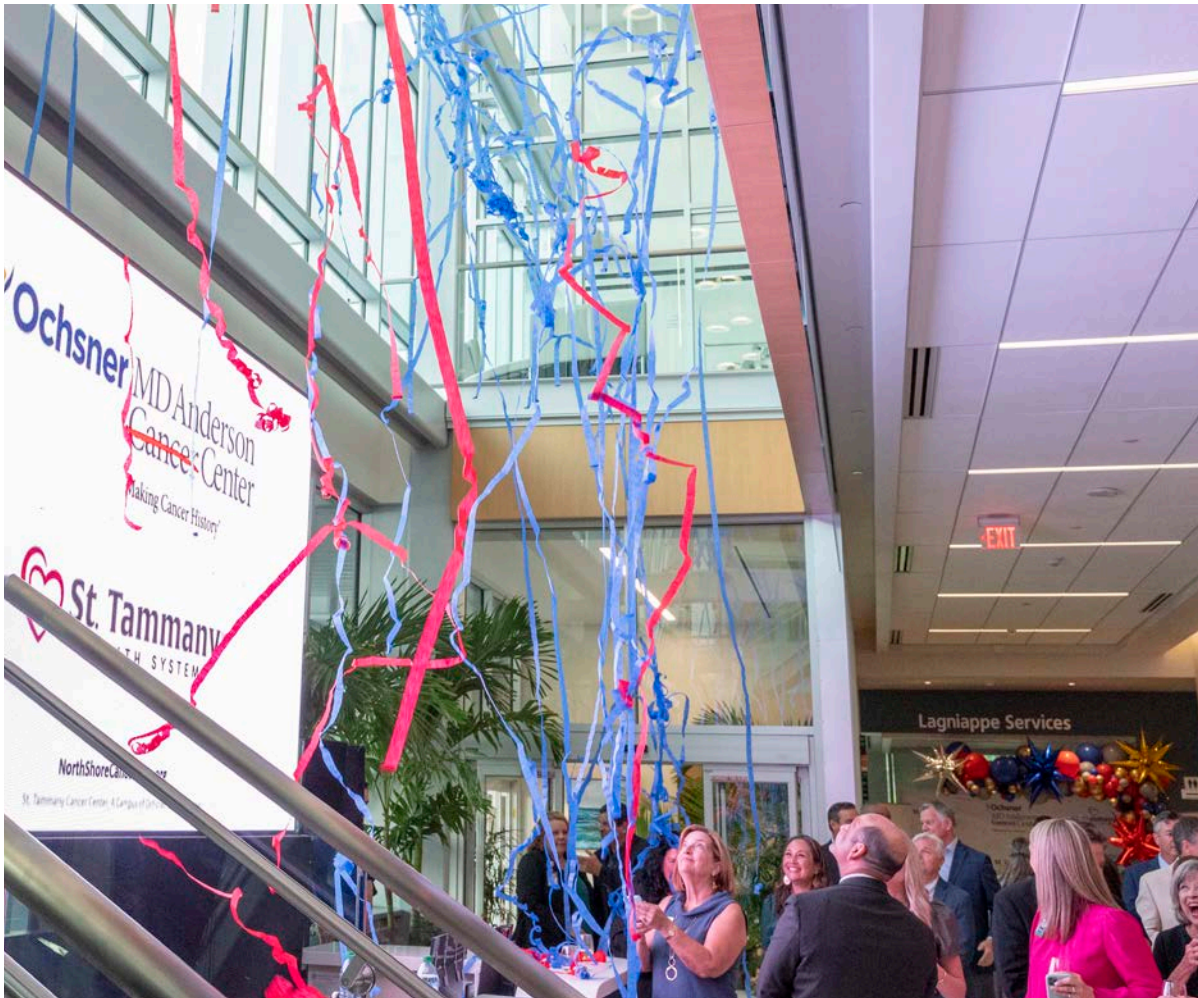
St. Tammany Health System continued to do just that in 2023, leveraging its variety of community partnerships to provide better access for patients across the Northshore to our brand of world-class healthcare.



Chef Gavin Jobe of Meribo in Covington, back row, second from left, poses for a photo with the youngsters participating in June's Eat Well, Live Well cooking demonstration, an initiative of the community-based Healthier Northshore.



For the past four years, the philanthropy funded therapeutic food pantry at St. Tammany Cancer Center – A Campus of Ochsner Medical Center has benefited from a partnership with the Northshore Food Bank, which has helped stock the shelves to ensure patients have the nutrition they need to thrive. In addition to food distribution throughout the year, it also includes distribution of holiday food boxes at Thanksgiving and Christmas for cancer patients and their families.



Streamers rain down inside St. Tammany Cancer Center – A Campus of Ochsner Medical Center on June 22 to mark the partnership between Ochsner Health and The University of Texas MD Anderson Cancer Center to create Ochsner MD Anderson Cancer Center in southeastern Louisiana.

Strength through partnerships

Seven years after entering into a strategic partnership to grow services and increase healthcare access on the Northshore, St. Tammany Health System and Ochsner Health cut the ribbon in mid-2021 on the \$50 million St. Tammany Cancer Center – A Campus of Ochsner Medical Center, a one-stop shop for cancer care at Interstate 12 and Louisiana 21.

Then, in June 2023, after completion of the due diligence process, Ochsner announced a partnership to bring MD Anderson Cancer Center and its world-renowned expertise to seven of Ochsner's Louisiana cancer centers – including St. Tammany Cancer Center.

The result: access for local residents to leading-edge care based on the same protocols and practices standards as MD Anderson in Houston, Texas.

STHS: The next generation

Facing an acute nursing shortage affecting healthcare systems across the county, St. Tammany Health System teamed up in 2023 with two local institutions of higher learning – Southeastern Louisiana University and Northshore Technical Community College – to do something about it.

Through the communitywide Northshore Healthscape initiative, the three partners founded the St. Tammany Academic Center on Louisiana 21 just south of St. Tammany Parish Hospital.

There, nursing students and other aspiring healthcare workers will receive an opportunity to earn their degrees and certifications right here at home in St. Tammany, without having to leave the Northshore.

The center's first students started taking classes in mid-2023 – because it's never too early to start training the next generation of healthcare providers.



Physicians, assemble!

When people come together, they tend to win. That's the concept behind St. Tammany Quality Network, a clinically integrated, physician-led network made up of Northshore doctors who are united – as the name suggests – by a shared desire to deliver reliable, quality care to local patients.

Having celebrated its 10th year in 2023, STQN has grown to include more than 300 member physicians across all specialties but who are separate and distinct from the medical staff at the health system's flagship St. Tammany Parish Hospital.

In the decade since its founding, the STQN label



has become synonymous with quality care.

“While we're blessed on the Northshore to have a wealth of quality physicians and an amazing medical community, St. Tammany Quality Network strives to ensure that all its member physicians maintain a standard of excellence,” said Dr. L. Phillips Jenkins, a local gastroenterologist and the current chairman of STQN's seven-member Board of Managers.

“Our mission is to provide a network of doctors that can collaborate around excellent patient care to provide the most up-to-date, efficient and timely healthcare for our community.”



STQN MEDICAL DIRECTOR'S AWARDS FOR 2023



Quarter 1

Dr. Victoria Blossman, St. Tammany Physicians Network – Folsom

For excellent patient care and achieving outstanding population health outcomes.



Quarter 2

Dr. Russell Reed, STHS Cardiovascular Clinic – Covington

For leadership in improving cardiac care coordination and reducing congestive heart failure readmission rates at St. Tammany Health System's flagship St. Tammany Parish Hospital.



Quarter 3

Dr. Farah Ali, STHS Palliative Medicine

For her work in growing St. Tammany Health System's Palliative Medicine program and further raising the bar on the quality of the services it offers to the community.



Quarter 4

Drs. Angela Buonagura, Jennifer Daly and Natalie Fitton, STHS Women's Pavilion

For their leadership in creating a center of excellence at the St. Tammany Health System Women's Pavilion.



Trust

We have faith in our caring work and pledge our honesty, courage, respect and integrity to each other and every patient in every encounter.

Seven decades ago, residents of the Northshore banded together to found a hospital to care for the then-growing community. It took a lot of legwork, a lot of lobbying and, in the final analysis, a lot of trust in the people chosen to run it.

All these years later, we still take that trust seriously.

We also work hard to live up to it every day, by expanding and adding capabilities to meet the needs of what continues to be a fast-growing community.

The following is an at-a-glance look at some of the ways we grew our footprint throughout the community in 2023.

TAKING IT TO THE STREETS

Since mid-2021, the St. Tammany Health System Be Well Bus has been crisscrossing the parish to bring screening and education opportunities directly into the communities we serve. In the process, it has become one of our most effective community engagement tools. Here's a by-the-numbers look at its impact in 2023:



8,775

miles logged by the Be Well Bus in 2023

439

mammograms provided on the Be Well Bus in 2023



172*

community outreach events attended in 2023

**This figure includes some events attended by our Community Outreach team without the Be Well Bus*



70

mammograms provided through funding from St. Tammany Hospital Foundation



5

breast cancers diagnosed as a result of screenings on the bus in 2023

Building for the future

In the health system's early days, things were fairly simple: If you needed surgery, you went to the hospital.

In today's modern world, however, new technologies have in many cases changed the way things are done, with a rapid increase of the types of procedures now available in the same-day surgery setting.

So, in late 2022, the St. Tammany Health System Board of Commissioners and executive leadership team broke ground on a \$75 million same-day surgery center.

Throughout 2023, local residents watched as the impressive 126,000-square-foot building took shape, rising on a plot of land adjacent to the health system's existing Paul D. Cordes Outpatient Pavilion at 16300 Louisiana 1085 (Bootlegger Road).

When construction is complete the new STHS Surgery Center will boast 12 surgical suites and an array of support services.

"Today, we're simply turning dirt," St. Tammany Health System President and CEO Joan Coffman said. "But when our construction team is finished on this state-of-the-art facility, it will stand as another fulfillment of our promise to deliver world-class healthcare close to home for residents of west St. Tammany Parish."



January 2023: Site clearing for the new STHS Surgery Center on Bootlegger Road.



June 2023: Structural steel goes up on the STHS Surgery Center site.



October 2023: The STHS Surgery Center continues to take shape.



December 2023: The STHS Surgery Center site, as seen near the end of 2023.

“We look forward to providing another avenue of healthcare services to our friends and neighbors .”

– Joan Coffman, STHS president and CEO



Braswell’s joins the STHS family

In September, two Northshore institutions joined together, as St. Tammany Health System announced its acquisition of the iconic Braswell’s community pharmacy in Covington.

The purchase united two long-standing local healthcare institutions and ensured that Braswell Drugs – now officially St. Tammany Health System Pharmacy at Braswell’s – remains locally owned and operated.

The addition of a retail pharmacy across the street from its flagship hospital expanded the health system’s current retail pharmacy services and is consistent with its mission to serve the health needs of our community, close to home.

“We are proud to maintain this trusted community pharmacy as just that: a trusted community pharmacy,” said Joan Coffman, president and CEO of St. Tammany Health System, in announcing

the purchase. “As the leading provider of healthcare in our community, we look forward to providing another avenue of healthcare services to our friends and neighbors as we continue to deliver on our promise of providing world-class healthcare close to home for local families.”

The proximity of Braswell’s to the health system’s flagship St. Tammany Parish Hospital coupled with local support for Braswell’s made the purchase a natural fit for STHS, Coffman added.

“Adding this longstanding, respected community pharmacy will allow STHS to reach and serve more members of our community. We are eager to welcome and work with our newest colleagues as we fold their retail pharmacy operations into our health system structure,” said Sharon Toups, senior vice president and chief operating officer of St. Tammany Health System.



Dr. Adela Narcisse, center, is surrounded by St. Tammany Health System colleagues as she 'cuts the cord' on the health system's newly opened Obstetric Emergency Department, part of St. Tammany Parish Hospital's New Family Center, on Sept. 12, 2023.

Oh, baby!

In September, St. Tammany Health System leaders christened the hospital's new Obstetric Emergency Department, a purpose-built space designed specifically for expectant mothers experiencing the unexpected in their pregnancy journey.

Located in the Labor and Delivery unit of the hospital's New Family Center, the new OBED features six fully private triage rooms, where trained maternal experts can examine patients and determine the next step in their care.

"At St. Tammany, we've delivered over 60,000 babies in the 70 years the hospital has been in existence, and I don't think we've ever been better equipped than we are now in terms of the quality, safety and overall experience we can provide to women," STHS Chief Medical Officer Dr. Patrick Torcson said.

Behind the scenes

In 2020 and 2021, motorists driving down South Tyler Street couldn't have missed the work being done at the St. Tammany Parish Hospital campus, with a \$56 million, four-story new patient tower taking shape as part of the ambitious Expansion 2020 plan.

What they might not have realized is that the work didn't end with the cutting of the ribbon on that new facility in April 2021.

In fact, behind-the-scenes work continued throughout 2023 – and into 2024 – with

completion of an expanded Sterile Processing Department in support of our surgery team; renovation of the New Family Center; a stem-to-stern rebuild of the hospital's kitchen and cafeteria, which is expected to be complete by mid-2024; and other hospital improvement projects.

The heart of the matter

St. Tammany Health System's cardiovascular practice – one of the oldest and most respected heart and vascular clinics in western St. Tammany Parish – started 2023 with a new name, a number of new faces and the addition of a new clinic for the convenience of Mandeville patients.

Formerly known as Covington Cardiovascular Care, the practice has been rebranded STHS Cardiovascular Clinic, a reflection of its expansion beyond Covington and into Mandeville.

In addition, the practice welcomed two new physicians in 2023, allowing Dr. Paul Stahls – a member of the practice since 2013 – to expand his focus on electrophysiology, a specialty that, among other things, involves the assessment of the rhythm of the heart and, if needed, the correction of any irregularities, or arrhythmia.

"Our promise has for some time been to deliver world-class healthcare close to home for our Northshore neighbors, and for years our world-class cardio team has been delivering on that promise," health system President and CEO Joan Coffman said. "With these expansions and additions, they're poised to continue delivering peerless care for our community as it grows, and we couldn't be more excited about it."

Compassion

We care deeply about our patients and colleagues, treating each other with empathy and respect, as if they were our own family.

If there is a single word that best sums up St. Tammany Health System's approach to healthcare, it is "compassion."

That, of course, starts with compassion for our patients and their families, but it extends to compassion for our colleagues at every level of the health system.

We call it our "Culture of Caring," and it permeates every nook and cranny of each of the dozens of facilities we operate throughout the parish.

Because without our dedicated workforce, we would be just another health system. With them, we are something special: We are St. Tammany.



Two days after joining St. Tammany Health System, Nurse Tech Claire Gullege got the golden ticket – winning a basket full of prizes – at STHS's 2023 colleague appreciation celebration.



With COVID restrictions finally in the rearview, 2023 saw the return of colleague birthday celebrations at STHS, hosted every two months by members of the executive administration team and in which colleagues celebrating birthdays are treated to lunch and, of course, birthday cake.



In August 2023, STHS colleagues were treated to a visit from the ice cream man as part of a twin mission to beat the sweltering summer heat and to provide a little extra motivation to finish the year strong.

Best workplaces

For the second consecutive year, St. Tammany Health System in 2023 was named one of New Orleans CityBusiness' Best Places to Work in New Orleans.

As in 2022, the health system was recognized for 2023 in the largest of the three sized-based categories, reserved for companies with 250 employees or more.

St. Tammany Health System, founded in 1954 as St. Tammany Parish Hospital, employs more than 2,800 people, making it the second-largest employer in St. Tammany Parish.

“All awards are humbling, but I am particularly grateful for this one, given that it relies so heavily upon the opinions expressed by our own colleagues,” said St. Tammany Health System President and CEO Joan Coffman, FACHE. “They truly are our most valued – and most valuable – assets. This award makes it clear that they value the organization as much as it values them. That is incredibly gratifying.

“St. Tammany Health System has long been recognized as the premiere place for healthcare on the Northshore, but now the secret is out: It’s also one of the region’s best workplaces.”

NEW ORLEANS CITYBUSINESS 2023 Best Places to Work



Rhonda Penalacia of the STHS Food and Nutrition Services department was all smiles at the health system’s 2023 holiday party. Themed ‘A Miracle on South Tyler Street,’ it doubled as a kickoff of the health system’s yearlong celebration leading up to its 70th anniversary, which will be Dec. 1, 2024.



From left, STHS colleagues Jourdan Wactor, Bridget Landry, Allison Haley (kneeling) Marla Rabalais, Jodi Tolliver and Lori Cage are photographed at the 2023 Louisiana Child Passenger Safety Conference in Baton Rouge. At the conference, Jourdan was named a 2023 Child Passenger Safety Hero. The STHS Parenting Center, a certified car seat fitting station for 21 years, is one of just two sites in the state certified to conduct fittings for children with special needs.



St. Tammany Health System Chief Nursing Officer Kerry Milton admires the newly installed 'Daisy' wall gifted by St. Tammany Hospital Foundation on the health system's main campus, which lists all those STHS nurses who have received the Daisy Award for nursing.

In celebration of extraordinary nursing

In July, St. Tammany Health System Health System colleagues gathered at its flagship St. Tammany Parish Hospital to dedicate a Daisy Award honoree wall featuring the names of each of the health system's Daisy recipients to-date.

New recipients will be added periodically to the display, installed in the hospital's first-floor Conference Center Hallway, in honor of the work of the health system's nurses.

"Patients are always at the center of what we do, and this award reflects this philosophy," STHS Chief Nursing Officer Kerry Milton said. "Nurses are humble people who join this profession because of their love of caring for people. I am glad we have this recognition, because they would never ask for it themselves."

Also in 2023, St. Tammany Health System introduced its Sunflower Award, a program to honor the work of non-nursing colleagues for their support of the Nursing staff and their healing mission.

Like the Daisy Award, colleagues can be nominated for a Sunflower by co-workers, patients or their families.

Saying thank you

Sometimes, words alone don't adequately express the depth of gratitude our patients and their families feel toward a nurse, doctor or other St. Tammany Health System colleague who went above and beyond what was necessary to make sure they or their loved one felt comfortable, cared for and listened to.

Knowing how hard our team works, we encourage such expressions of gratitude for our staff, whether through our established Daisy and Sunflower award programs, by allowing us to share your story with others or with a gift to our nonprofit St. Tammany Hospital Foundation.

Visit StTammany.health/ThankYou for ways you can express your gratitude – and thank you for giving us the privilege of serving you.

Although separate from the Daisy program, the overarching message of both awards is the same: Thank you.

Scholarships of 2023



In spring 2023, members of the all-volunteer St. Tammany Hospital Guild presented \$1,500 scholarships to St. Tammany Health System colleagues Angela Gottschalk, Megan King, Danielle Edwards and Alicia Larriviere.



As part of its long-running scholarship program, the St. Tammany Health System's Med Staff in spring 2023 awarded \$2,000 scholarships to colleagues Rochelle Giacona and Laurie Juneau.



Members of the all-volunteer St. Tammany Hospital Guild are photographed at the presentation of \$1,500 fall scholarships to St. Tammany Health System colleagues (front row, from left) Madelyn Goodey, Shekira Price and Ally Bridges, as well as Rusty West (second from right) and Tyler McGhee (right). Not pictured is award recipient Bridget Higgins.



St. Tammany Health System colleagues Patrick Dowd Jr., center left, and Alexis Edwards, center right, received \$2,000 scholarship awards from members of the health system's Medical Staff for fall 2023.

STHS Honor Roll

2023 STHS Daisy Award recipients

- Brittany Dixon
- Savanna Faught
- Taylor Rivers
- Raven Williams
- Katelyn Beattie
- Deborah Bordelon

2023 STHS Sunflower Award recipients

- Sherman FitzSimons
- Michaela Rivera
- Kim Shockley
- Irina Sleptsova

2023 STHS Ambassadors

- Jesse Stringer
- Lisa Satter
- Mike McNeil
- Stephanie Atwood
- Angel Dillon
- Bobby Lang
- Lacey Adams
- Lisa Dugas
- Cindy Ingram
- Corie Johnson
- Jason Green
- Zachary Clayton
- Dana Lyles
- Dr. Seth McVea
- Freda Darby
- Sarah Guillie

STHS LEADERSHIP AND GOVERNANCE



STHS Executive Team

The members of the executive leadership team at St. Tammany Health System bring with them a variety of skills, specialties and talents, but all with the same common goal: to position and support the health system’s highly trained team of care providers so they can continue delivering world-class healthcare to the people of St. Tammany Parish through teamwork, trust, compassion, quality and innovation.



STHS Board of Commissioners

St. Tammany Parish Hospital Service District No. 1 — better known as St. Tammany Health System — is governed by an eight-member Board of Commissioners, six appointed by the St. Tammany Parish Council to six-year staggered terms, one elected by the medical staff to a one-year term and one non-voting member, the parish president or designee.

Quality

We are accountable to our patients and each other to always deliver our very best, safest care, to strive for excellence and to consistently deliver on these promises.

A partial listing of the accolades earned by St. Tammany Health System and its caregiving team in 2023:

St. Tammany Health System, in collaboration with St. Tammany Cancer Center, a campus of Ochsner Medical Center, was **re-accredited by the Commission on Cancer**, a quality program of the American College of Surgeons. This voluntary re-accreditation, which requires adherence to 34 quality care standards, is valid for three years. ... In May, STHS received an **“A” grade for patient safety** for spring 2023 from the Leapfrog Group, an independent healthcare watchdog organization, for the 15th consecutive grading period ... Also in May, STHS was named **Best Hospital in West St. Tammany Parish** by readers of Sophisticated Woman magazine for the 18th year running. ... In June, STHS’s Cordes Outpatient Pavilion was named **Best Diagnostic Center** by readers of CityBusiness magazine. ... STHS received the American College of Cardiology’s 2023 **Platinum Performance Achievement Award** for sustained high-level performance in the National Cardiovascular Data Registry Chest Pain-MI Registry. ... STHS President and CEO **Joan M. Coffman**, FACHE, was appointed to serve as chair of the Board of Directors of Vizient Southern States, an alliance of not-for-profit healthcare providers ... In July, St. Tammany Health System’s flagship St. Tammany Parish Hospital was named to **Newsweek’s inaugural listing** of America’s Best Cancer Hospitals. It is the highest-ranking Louisiana hospital on the list. ... Also in July, the hospital received the maximum five stars from the federal **Centers for Medicare & Medicaid Services**, which updated its Overall Hospital Quality Star

Ratings for 2023. ... In August, St. Tammany Parish Hospital was named to **U.S. News & World Report’s** 2023-2024 Best Hospitals ranking, as a high-performing hospital in treatment of heart attack, heart failure, pneumonia and stroke. ... Also in August, **Fitch Ratings** affirmed the “AA-” long-term rating on the series 2018A and 2018B bonds issued by St. Tammany Health System. In addition, it affirmed the health system’s “AA-” Issuer Default Rating, declaring the rating outlook to be stable. ... The health system in 2023 earned the U.S. Environmental Protection Agency’s **Energy Star certification** for superior energy performance. ... St. Tammany Parish Hospital was named one of the region’s best acute-care hospitals in **New Orleans CityBusiness’ seventh annual Reader Rankings**. Additionally, the health system’s **Paul D. Cordes Outpatient Pavilion** was named one of the best diagnostic imaging centers in the greater New Orleans metro area. ... Sixteen-year STHS veteran **Terri Johnston**, a registered nurse currently serving as director of the health system’s Education Department, was named one of the Great 100 Nurses of Louisiana for 2023.

2023 KEY ACHIEVEMENTS AND ACCREDITATIONS

Since 1954, St. Tammany Health System has been the premier place for delivery of comprehensive and trusted healthcare on the Northshore. That's true now more than ever.

Find a sampling below.

Fitch Ratings
AA-



STROKE



HEART FAILURE



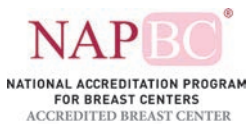
HEART ATTACK



PNEUMONIA



CityBusiness
2023 Best Places to Work



U.S. News & World Report

- High performing in Heart Failure Care
- High performing in COPD Care
- High performing in Heart Attack Care
- High performing in Kidney Failure Care
- High performing in Hip Fracture Care
- High performing in Stroke Care
- High performing in Pneumonia Care

Press Ganey

2023 HX Pinnacle of Excellence Award

Leapfrog Hospital Safety Score

A-grading period marks 15th consecutive semester

Center for Medicare and Medicaid Services
 5 Stars for Overall Hospital Quality Star Rating

Quantros (formerly CareChex)

- Top 10% in Nation for Trauma Care
- Top 10% in Nation for Stroke Care
- Top 100 in Nation for Cardiac Care Patient Safety
- Top 100 in Nation for Coronary Bypass Surgery Patient Safety

Women's Choice Awards

- Highest Safety Ratings
- America's Best Comprehensive Breast Center
- America's Best Stroke Center

Women's Choice Awards, America's Best Hospitals for:

- Cancer Care
- Heart Care
- Obstetrics
- Minimally Invasive Surgery
- Patient Safety
- Women's Services
- Stroke Care
- Patient Experience
- Mammogram

Accreditations

- American Academy of Sleep Medicine (AASM)
- American Association of Blood Banks (AABB)
- American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR)
- American College of Radiology (ACR)
 - All imaging modalities at all locations
 - Breast imaging center of excellence
- American College of Emergency Physicians
 - Geriatric Emergency Department
- American College of Surgeons
 - National Accreditation Program for Breast Centers (NAPBC)
 - Verified Trauma Center, Level 3
 - Commission on Cancer Accredited Community Program (CoC)
- American Diabetes Association (ADA)
- College of American Pathologist (CAP)
- American Heart/Stroke Association (AHA or AHA/ASA)
 - Advanced Certification for Primary Stroke Center (AHA and Joint Commission)
 - Stroke Quality Achievement Award/Get with the Guidelines Stroke Gold
- Baby Friendly Birth Facility
- Gift Shining Star
- International Board of Credentialing and Continuing Education Standards Certified Autism Center (CAC)
- Joint Commission
- NICHE (Nurses Improving Care for Healthsystem Elders)
- American College of Cardiology
 - Accredited Chest Pain Center
- LAPQC Birth Ready Hospital
- CityBusiness 100 Best Places to Work 2023
- Anticoagulation Center of Excellence (2021-2024)

STROKE CERTIFICATION

Innovation

We seek new knowledge, competencies, techniques, technology and best practices to bring new hope and healing to our patients close to home.

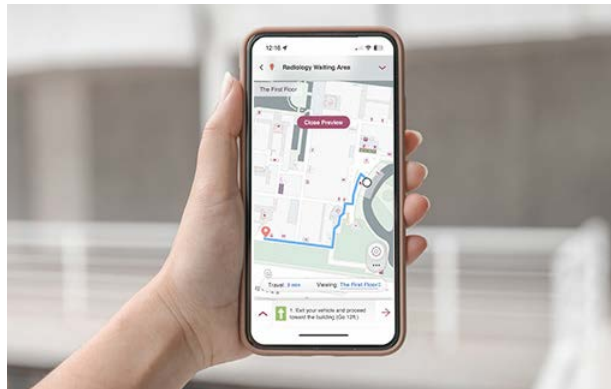
As part of St. Tammany Health System’s mission of caring for the people of the Northshore, we place a premium on remaining at the forefront of medical science, keeping abreast of newest advancements and mastering the art of looking to the horizon for the next big breakthrough.

STHS unveils interactive hospital map

Navigating the hallways of St. Tammany Health System’s flagship St. Tammany Parish Hospital just got easier.

In 2023 the health system unveiled an electronic wayfinding system designed to guide visitors through the Covington hospital upon their arrival on campus.

The system isn’t designed to get people to the hospital from outside locations or to travel between the hospital and other STHS locations. But, according to health system Vice President / Chief Information Officer Craig Doyle, it should make navigating the ever-growing facility a breeze.



Navigating the hallways of St. Tammany Health System’s flagship St. Tammany Parish Hospital got a whole lot easier in October with introduction of a digital wayfinding system — accessible through StTammany.health or the STHS mobile app — that guides visitors to their destination in the Covington facility.

“Think of it as GPS for the hospital grounds once you’ve arrived,” Doyle said.

Users can access the system in two ways:

By clicking the “Hospital Map” icon near the top right of the health system’s website (StTammany.health) and entering their on-campus destination, users will get a map highlighting the route to that destination, along with printable “turn by turn” instructions.

By clicking the “Hospital Map” icon on the health system’s mobile app — available both for Apple devices as well as for Android devices — users will get a dynamic map that uses a blue dot to mark their progress as they make their way to their requested destination.

“Anyone who has visited our campus recently knows it is just getting bigger and bigger,” Doyle said. “By leveraging this new technology, we hope to maintain the hospitable, user-friendly atmosphere for which St. Tammany Health System is known throughout the community.”



In 2023, St. Tammany Health System added three new systems to its robotic fleet, including the minimally invasive AquaBlation system for treatment of enlarged prostate, at left, and the Velys system for knee replacements, right.

Leading the way in robotic-assisted surgery

In 2007, St. Tammany Health System became the first medical robotics institute along the Interstate 12 corridor. In that time, it has continued to lead the way, with what is now a Robotics Center of Excellence boasting a fleet of nine robotics surgical assistants to help our surgeons complete procedures with utmost precision.

In the past year alone, the health system added three new surgical robots:

- DePuy's Synthes' **Velys system**, which assists in knee replacements.
- Intuitive Surgical's minimally invasive **Ion system**, which aids in bronchoscopy.
- Procept BioRobotics' minimally invasive **AquaBlation system**, a treatment for lower urinary tract symptoms due to an enlarged prostate designed to better preserve a patient's sexual function and continence.

They join other systems in use at the hospital including three DaVinci systems, used in pelvic, thoracic and general surgery; the Stryker Make system, which assists in total knee and hip placements; and a Globus Excelsus GPS unit, which helps neurosurgeons in spine surgeries.

Additional units will join them with the 2024 opening of the health system's Ambulatory Surgery Center on Bootlegger Road. (See page 9.)

"St. Tammany Health System has committed to embracing new technology to help us provide the best healthcare we can, and that's true across the board," said Dr. Mark Hontas, an orthopedic surgeon versed in use of the Velys system. "It's a very exciting time to be a part of St. Tammany Health System."



St. Tammany Health System Director of Rehab Services Bert Lindsey reviews an ultrasound image with a patient at a tennis tournament in May 2023. Through use of musculoskeletal ultrasound – or MSKUS – trained clinicians can in many cases diagnose a soft-tissue injury quickly and painlessly, often doing away with the need for expensive imaging or powerful painkillers.

The promise of MSKUS

It started in 2016, amid the ongoing U.S. opioid crisis, with a St. Tammany Health System initiative to explore non-pharmaceutical methods of treating pain. By 2019, with financial assistance from St. Tammany Hospital Foundation, the STHS Physical Therapy team began using Musculoskeletal Ultrasound – or MSKUS – as a quick, painless way to diagnose soft-tissue injuries.

Already widely used in Europe and Asia, MSKUS has still only just begun to catch on in the United States, and St. Tammany’s physical therapists continue leading the way nationally.

In 2023, they raised the bar even further, working toward the department’s ultimate goal of having every full-time physical therapist on staff pass the rigorous national exam to become certified in the procedure.

The upshot: quick, low-cost answers to help patients return to their normal routines with as little disruption to their lives as possible.

“We’re talking real-time imaging for school athletes, weekend warriors and patients experiencing joint pain that will reduce opioid exposure and give patients peace of mind,” said Bert Lindsey, director of the health system’s Inpatient Physical Therapy Department and a champion of MSKUS as a diagnostic tool. “Having so many clinicians able to perform this low-cost diagnostic within one community is a first in our nation, and St. Tammany Health System is responsible for making it happen.”

Measurable impacts

Innovation doesn't always involve fancy equipment with loads of red blinky lights. Sometimes, it's just a darn good idea that is well-implemented.

Case in point: the STHS Home Health Department's congestive heart failure program, through which care providers pay in-home visits to patients to help guide them through their recovery and more effectively manage their condition.

Before it was introduced in May, the hospital had a monthly average of nine congestive heart failure patients readmitted for various complications. From May to December 2023, that figure plummeted to a monthly average of 1.75 readmissions.

"Education is typically the biggest intervention that we make," STHS Nurse Practitioner Jason Green said. "Honestly, if people are well-educated on their dietary changes, their lifestyle modifications, we can get ahead of congestive heart failure exacerbations before they even happen."

Then there's the award-winning Fall Risk Reduction program, which united colleagues from myriad parts of the health system in a concerted effort to decrease inpatient and ED patient falls.

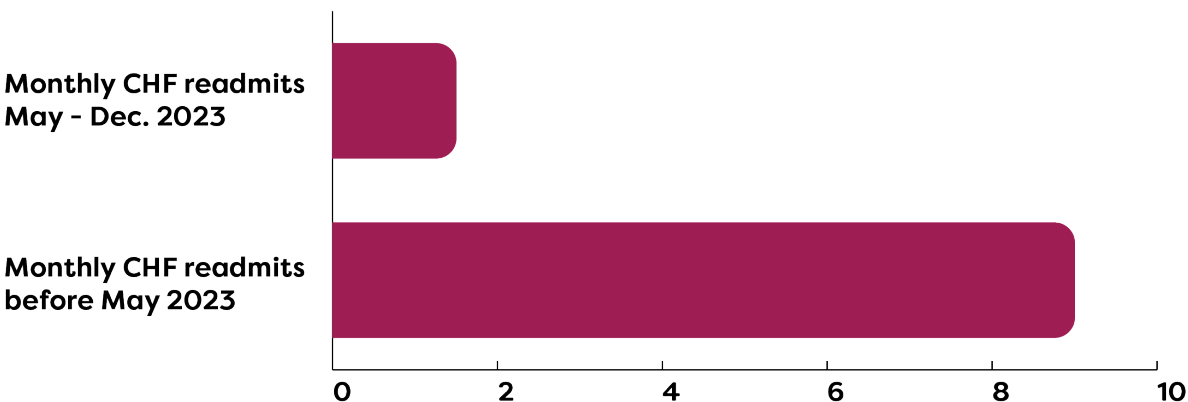
Although it involved various moving parts, the program not only worked, but it worked magnificently, reducing falls by 35% between June 2022 and April 2023.

It was so effective, in fact, that it was honored by the health system's Project Management Office as the Project of the Year for 2023.

"We are celebrating great work done at the organization, and for the right reason," STHS President and CEO Joan Coffman said in commenting on the award, "because it all comes back to patient care."

Making A Difference

New congestive heart failure program saw hospital readmits plummet at St. Tammany Health System



Fall Prevention Communication Sheet

Every patient is unique, therefore, each requires fall prevention interventions specific to that patient. Upon assessing a patient's risk for fall, their mobility status or "GEMS" level must also be assessed. Circle the corresponding GEMS level on left to keep care providers and family members informed. A patient's GEMS level must be reassessed multiple times per shift, as it impacts mobility interventions and could indicate possible change in status.

GEMS Level 1
Bed Rest

GEMS Level 2
Two-person Staff Assistance

GEMS Level 3
One-person Staff Assistance

GEMS Level 4
Independent

Special fall-risk indicators
For the information of the patient and other care providers, upon each reassessment of the patient's fall risk indicators, please check all the applicable "Red Fall Risk" indicators below, as well as any of the other special fall risk indicators as right that apply.

Increased Risk of Harm if you fall
(Check if any of the following apply)
 Age >85
 Bone disorder
 Coagulation disorder
 Surgical procedure
 CNS/psychotic medication
 Cardiovascular medication
 Dizziness/vertigo
 Orthostatic hypotension
 Diuretic medication

Fall interventions in place
Please circle all fall risk prevention methods currently being used below.

External catheter, Bed pan, Sponge bath, Bedside commode, Fixed commode, Shower, Lift device, Wheelchair, Walker, Cane, Crutches, No assistive device needed, Bed alarm, Chair alarm, Camera safety attendant, Supervised activity /gait belt.

Genoville Early Mobility Scale (GEMS)

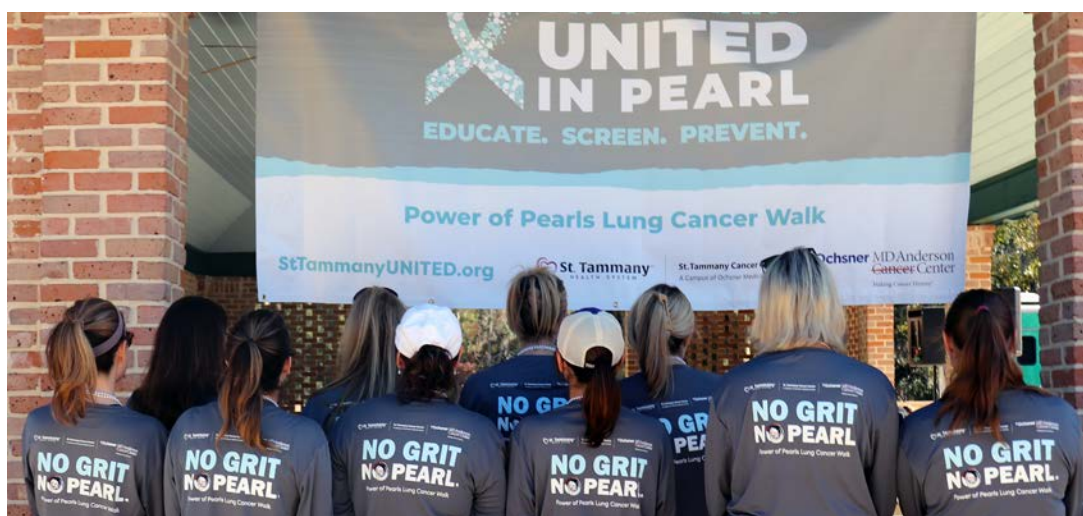
The fall prevention communication sheet was created in an effort to decrease inpatient falls and communicate current mobility deficits.



Congestive heart failure patients participating in a new program at St. Tammany Health System are given a refrigerator magnet, funded by St. Tammany Hospital Foundation, to manage symptoms at home through the Transitions of Care Team Program, with the goal of avoiding unnecessary hospitalizations.

United In Giving

In 2023, St. Tammany Hospital Foundation celebrated its 20th year of channeling the generosity of Northshore residents in support of St. Tammany Health System's healing mission. Through its St. Tammany United in breast cancer awareness campaign, United in Pearl lung cancer campaign, United in Heart Health initiative and a host of community outreach events and fundraisers, it once more proved that the Northshore is stronger when it works together.



In November, St. Tammany Hospital Foundation rallied the community behind the inaugural United in Pearl lung cancer campaign – a monthlong observation centered on the Power of Pearls Lung Cancer Walk – to celebrate survivorship and advocate for life-saving lung cancer screenings.



In late September, St. Tammany Health System's Be Well Bus rolled in the St. Tammany Parish Fair Parade to launch the foundation's annual St. Tammany United in breast cancer awareness campaign, a monthlong awareness and fundraising push conducted in support of local breast cancer services and in cooperation with community partners including the St. Tammany Parish Sheriff's Office.



In May, St. Tammany Hospital Foundation teamed with Christwood Retirement Community, STARC of Louisiana and the Louisiana Organ Procurement Agency to launch Buddies for Life, an initiative uniting Christwood residents and intellectually challenged representatives from STARC to beautify St. Tammany Parish Hospital's gardens with 111 flowering plants. A product of the Chevron Community Fellows Program through Northshore Community Foundation, Buddies for Life was designed to bring the leaders of local nonprofit groups together to form bonds and to better the community all at once.

THE FOUNDATION OF OUR SUCCESS

Dear Friends,

We are deeply proud to recognize the 1,677 individuals, STHS colleagues, businesses, organizations and foundations who made contributions that brought our 2023 total revenue to \$1,519,180. The generosity of these supporters has brought contributions in support of the healing work of our health system to over \$24,107,000 million raised since our inception, 20 years ago.

Gifts from the generous donors in our community enabled St. Tammany Hospital Foundation to grant a record \$1,196,326 to St. Tammany Health System in 2023, funding robotic surgery, medical equipment, education and training opportunities, department programs, health system initiatives and more. These disbursements allowed for continuing support of programs for patients in need, such as the cancer center's Therapeutic Food Pantry and Transportation Assistance programs or scholarships for membership to STHS Parenting Center; innovative approaches to care like integrative oncology; workforce development efforts in the essential training equipment for the new St. Tammany Academic Center; funding for the Graduate Medical Education program; cleaning equipment for EVS; and numerous healing arts installations.

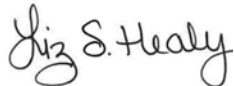
In addition to support from the community and grateful patients, our colleagues continued to demonstrate their commitment to St. Tammany Health System with 933 team members and physicians raising \$120,346 through the annual One Heartbeat Employee Campaign.

Partnerships with our local business community are essential to our success. We want to extend our sincere gratitude to the many corporate sponsors who are part of our foundation family. Your continued alignment with our mission makes a meaningful impact! These businesses joined together with individual donors and community volunteers to raise much needed funds through the following events: THE Gala 2023 presented by HUB International beat its own record again with \$224,875 raised in support of St. Tammany Cancer Center - A Campus of Ochsner Medical Center; not to be outdone, the 35th Monster Mash presented by Metairie Bank bested itself with \$98,052 raised in support of the mission of the STHS Parenting Center; the Get Lucky! Golf Tournament presented by Five Star Breaktime Solutions brought in \$55,436; Angels of Light raised \$23,790 to benefit Hospice; and finally, our new Colleague Education & Engagement fairs brought in \$106,500 for our cancer center's needs.

As our community health system continues to grow, so do its needs. St. Tammany Hospital Foundation exists to support the healing work of this world-class system. We do this by connecting people to purpose. We take great pride in being the conduit between the good people and businesses of St. Tammany Parish (and beyond) and the areas of healthcare where they can make a difference.

Thank you to all who joined with us in 2023 to make an impact on healthcare on the Northshore. We sincerely appreciate the trust you put into our organization to steward your dollars wisely.

In gratitude,



Liz Healy
2023 chairman, STHF Board of Trustees



Nicole Suhre
Executive director, STHF



The 27 artists whose works were part of the foundation's latest gallery show were (in alphabetical order): Harriet Blum, Brad Budge, Joseph Cannon, Becky Evenson, Donna Gardner, Kay Grantham, Cindi Guillot, Elizabeth Impastato, Elayne Kuehler, Kara-Lee Lutz, Robert Labranche, Pio Lyons, Cordero Mark, Colette Martin, Bernard Mattox, JC Maysonave, Craig McMillin, Judy Newman, Jessica Parker, Rae Rae Pertuit, Robert Post, Joey Roberts, Mary Helen Seago, Ella Townsend, Cynthia Webb, Sue Zaunbrecher and Karen Ziebarth.

ROTATING GALLERY SERIES RETURNS

On Sept. 26, St. Tammany Hospital Foundation's Healing Arts Initiative hosted its latest gallery series, the first since being forced into COVID hibernation three years ago.

The exhibit was the initiative's largest yet, showcasing more local artists and more artworks than ever before.

In all, it featured 117 pieces from 27 artists, all under the overarching theme "SEAsons of Grace and heART."

"Of all the ideas that we put out there, two concepts kept coming back: grace and heart," said Becky Carson-Parks, a foundation board member and chair of its Healing Arts Committee. "Grace is a catalyst for greater good, whether it's at home, at work, out in our community or here at St. Tammany Health System. Heart is the central or most vital part of something. It is compassion and the seat of life and strength. We hope these images will inspire a call for good within all of us."



REMEMBERING A FRIEND

In October 2023, St. Tammany Hospital Foundation lost one of its own, Mary Lee.

Mary was a member of the foundation's Board of Trustees as well as past chair of the Healing Arts Initiative.

Mary was part of the St. Tammany Hospital Foundation family for more than decade and made immeasurable impact with her work. Under her direction, the Healing Arts Initiative grew, has been nationally recognized, locally awarded and has changed the face of St. Tammany Health System's facilities forever.

BY THE NUMBERS

Key foundation metrics from 2023:



\$1.5 million

raised in 2023 (81.7% increase over 2022)

\$1.2 million

disbursed to STHS across 24 specialty areas



\$120,000

donated by STHS colleagues in 2023 through the One Heartbeat Campaign



207

funding requests received

GIFTS THAT MAKE A DIFFERENCE

- **GRANTS:** No patient should have to forgo treatment due to transportation obstacles. In this spirit, the American Cancer Society made a \$20,000 grant to the St. Tammany Cancer Center – A Campus of Ochsner Medical Center’s Transportation Assistance Program to alleviate the financial burden of cancer treatment on patients in need.
- **CORPORATIONS FOR COMMUNITY:** The foundation is honored to have been a recipient of the St. Tammany Women’s Council of Realtors’ annual Bras for a Cause fundraiser event since 2011. Their 2023 donation of \$17,054 brought their cumulative giving to \$135,000, all in support the Women’s Pavilion’s outreach, screening, and early detection efforts for the women in our community.
- **THE GUILD THAT GIVES:** The St. Tammany Hospital Guild made a gift of \$44,500 in support of various projects including Angel Eye Cameras for the NICU, blanket warmers for Surgery and Cardiology, a vein finder for Cardiology as well as the ongoing support for the Be Well Bus, and the Healing Arts Initiative’s “Reefie” project.
- **EDUCATION AND ENGAGEMENT FOR THE WIN:** 2023 saw the launch of St. Tammany Cancer Center’s engagement fairs, which provide care team members and clinicians of the cancer center, as well as colleagues in other oncology areas of care, an opportunity to interact with vendors providing education in an exhibit format. Fully 100% of the \$106,500 in proceeds benefit the Colleague Education and Engagement Fund for colleagues and providers at the cancer center.
- **DONORS ADVANCING TECHNOLOGY:** Through donor contributions to our foundation, St. Tammany Health System became the second in the region and the first on the Northshore to offer robotic-assisted Aquablation therapy, a minimally invasive treatment for lower urinary tract symptoms due to an enlarged prostate.

WORLD AUTISM MONTH

In recognition of April as World Autism Month, the foundation continued its advocacy for autism acceptance with a monthlong, communitywide awareness campaign that included the sale of “Choose to Include” t-shirts. Proceeds raised through the campaign were used in support of St. Tammany Health System’s efforts to better care for those with autism in our community, including the designation of our Pediatric Emergency Department, Pediatric ICU, St. Tammany Pediatrics Clinic, Parenting Center, and Bone and Joint Clinic as Certified Autism Centers, as recognized by the International Board of Credentialing and Continuing Education Standards.



MONSTER MASH

Little monsters and gleeful goblins had plenty to howl about in October, as the STHS Parenting Center marked its 35th annual Monster Mash, a family-friendly Halloween fundraiser featuring games, crafts, rides, music and metric tons of treats, with proceeds benefiting its program through the STH Foundation. Special thanks to presenting sponsor Metairie Bank Northshore, as well as all the other sponsors, vendors and volunteers who helped celebrate what was a monstrous milestone!

GET LUCKY! GOLF TOURNAMENT

For the first time in its 12-year history, St. Tammany Hospital Foundation’s Get Lucky! Golf Tournament was held on the day before St. Patrick’s Day, and Irish eyes were clearly smiling on the event. In addition to picture-perfect weather, the tournament saw its first-ever hole-in-one, winning one lucky linksman a free set of clubs. The real winner, though, was St. Tammany Health System’s Pediatrics programs, the beneficiary of more than \$55,000 raised. How lucky is that?





THE GALA 2023

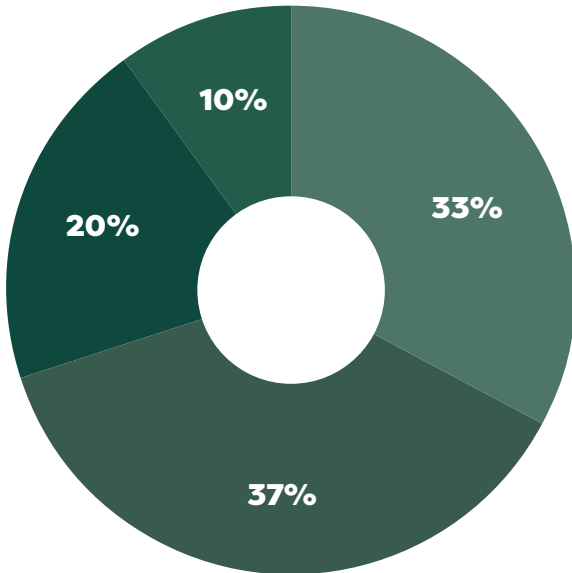
St. Tammany Hospital Foundation’s annual Gala always gives Northshore residents a good reason to kick up their heels and party, but 2023’s Western-themed edition provided an extra reason to celebrate.

Not only did it raise a record \$224,000-plus for Northshore cancer care, but it pushed the total raised since the event’s 2018 founding past the \$1 million mark.

A Texas-sized thank-you goes out to everyone who helped make it a success over the years, including sponsors HUB International and Mary and Kevin Gardner, Blue Cross Blue Shield of Louisiana, St. Tammany Health System, Ochsner, Health Bienville Capital Group, UnitedHealthcare, Professional Emergency Medicine Management and Hancock Whitney.



KEEPING ST. TAMMANY HEALTH SYSTEM HEALTHY KEEPS OUR COMMUNITY HEALTHY

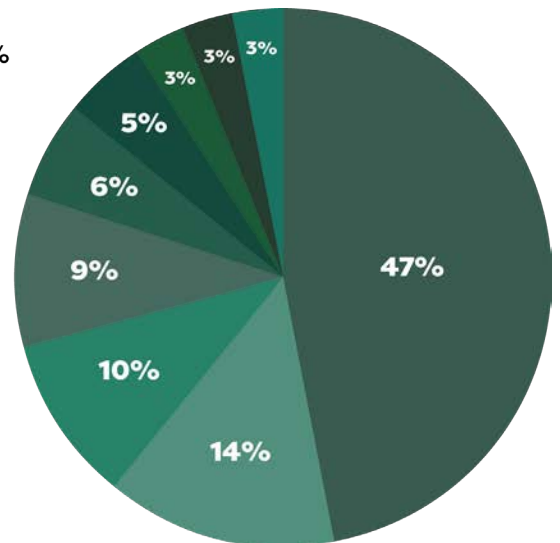


2023 Sources of Funding

- Companies - 33%
- Individuals and Employees - 37%
- Other - 20%
- Foundation/Organizations - 10%

2023 Stewardship of Gifts

- Cancer Services / Oncology Medicine / Women's Pavilion - 47%
- Healing Arts Initiative - 14%
- Pediatrics - 10%
- Unrestricted Caring for St. Tammany - 9%
- Parenting Center - 6%
- Endowment / Other Donor Restricted - 5%
- Hospice - 3%
- Colleague Benevolent Fund - 3%
- Graduate Medical Education - 3%



The foundation raises funds through a comprehensive development program including corporate partnerships and major gifts, planned giving, bequests and charitable gift annuities, tribute gifts, an annual support program and special events. In doing so, the foundation impacts the healthcare and well-being of the entire Northshore community.

BOARD OF TRUSTEES



Back Row, left to right: Renee Maloney; Liz Healy, 2023 Chairman; Jim Bradford; Sunny McDaniel; Kevin Gardner; Tim Lentz; Kevin Mashburn; Paul Davis; Becky Carson Parks; Laura Brown

Front Row, left to right: Nicole Suhre, executive director; Joan Coffman; John Evans; Norma Richard

Not pictured: Penny Dastugue, Mark Grayson, Chip Lavigne, James Wrodard, M.D.

OUR MISSION

The St. Tammany Hospital Foundation, a 501 (c)(3) non-profit organization, was established to sustain the healing work of the physicians and staff of St. Tammany Health System. Through the development of philanthropic support, the foundation seeks to fortify the promise to provide world-class healthcare close to home, now and for generations to come.

Our Generous Donors

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Ms. Katherine Cannon

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 GastroGroup & Endocenter
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 GENMAB
 Giddy Up Folsom
 Gilead Sciences
 Gilsbar
 Gilsbar Specialty Insurance, LLC
 Glaxo Smith Klilne
 Great American Cookies Covington
 Great Subs, LLC
 Grieshaber Dermatology
 Guarantee Restoration
 Gulf Coast Bank and Trust
 Gulf Point Advisors
 H2O Salon & Spa
 Half Shell Oyster House Covington, LLC
 Hancock Whitney
 Healthy Blue
 Home Bank
 HUB International
 Humana
 Incyte
 Inside Northside Magazine
 Integrated Spine and Disc
 Janssen Biotech
 Jones Fussell, L.L.P.
 Keaty Real Estate
 Keesler Federal Credit Union
 Kent Design Build, Inc.
 KV Workspace, LLC
 La Caretta
 LaLou
 LAMMICO
 Lavigne Oil Company of BR, LLC
 LeBlanc Pediatrics
 Leonardo’s Trattoria & Pizzeria
 Liberty Self Storage
 Lincoln Financial Group

Every effort has been made to ensure the accuracy of this list. We sincerely apologize for any omissions or errors.

Liz's Where Y'at Diner
 Looking Glass Salon
 Louisiana Property Acquisition Company, LLC
 Majestic Medical Solutions, Inc.
 McDaniel Dermatology & Skin Surgery Institute
 McMath Construction
 Med Data Service Bureau, L.L.C.
 Mele Printing Company
 Merck
 Metairie Bank & Trust Company
 MetLife
 Morris & Dickson Co., LLC
 Multitech Office Machines
 Mutual Of Omaha
 MyLunchy
 New American Funding
 New York Life GBS
 NOLA Lending - Division of Fidelity Homestead Savings Bank
 Northshore Social Scene, LLC
 Nothing Bundt Cakes - Covington
 Novartis Pharmaceuticals Corp.
 Ochsner Health
 P & W Industries, LLC
 Parish Concrete, LLC
 Pelican Pointe Carwash
 Peoples Health
 Perlis Clothing
 Pfizer Inc.
 Pharmacosmos Therapeutics, Inc.
 Piggly Wiggly
 PMR Gallery
 Poppin' Gourmet Popcorn
 Professional Emergency Medicine Management (PEMM)
 Pyre BBQ
 Rediscover Aesthetics
 Regional Radiology LLC
 Resource Bank
 Rigel Pharmaceuticals
 Rusty Pelican
 RxBenefits Inc.
 Sam's Club
 Sanofi

Scholars of Mandeville
 School of Rock Northshore
 SEAGEN
 Sieverding Construction, Inc.
 Sobi-NorthAmerica
 Southern Hotel
 Southern Interior Solutions
 SpringWorks Therapeutics
 St. Tammany Health System
 Stemline
 Stirling Properties
 Stroll Tchefuncta
 Sun Life Financial
 Taiho Oncology, Inc.
 Take 5 Oil Change Northpark
 Takeda Oncology
 TASS Brain Injury Rehabilitation Center
 Tchefuncta Country Club
 telaGen, LLC
 The French Mix
 The Gloriette
 The Southern Curator
 TIMELESS TOUCH MEDICAL AESTHETICS, LLC
 Trane Technologies
 UNITED HEALTHCARE SERVICES, INC.
 Voya Financial
 Walk-On's
 Walmart Neighborhood Market, #3042
 Watch Systems, LLC
 Winn Dixie Covington
 Winn-Dixie Stores

Live Oak Baptist Church
 Louisiana Partnership for the Arts
 Louisiana Quarter Horse Association
 Mary E. Peters and Robert W. Polchow Foundation
 Methodist Health System Foundation, Inc.
 Monday Morning Crafters
 Northshore Community Foundation
 Northshore Mariners, LLC
 Nothing Bundt Cakes - Covington
 Ozone Layers Quilt Guild
 Schwab Charitable
 St. Peter Catholic School
 St. Tammany Deputy Sheriff's Association
 St. Tammany Health System Medical Executive Committee
 St. Tammany Hospital Guild, Inc.
 St. Tammany Women's Council of Realtors
 The Bank of America Charitable Foundation
 The Give Back Foundation
 Threads of Love
 Prayers + Stitches
 Youth Fire Corps



FOUNDATIONS AND ORGANIZATIONS

American Cancer Society
 Baptist Community Ministries
 Cedarwood Pre-School
 Covington Three Rivers Art Festival
 Greater New Orleans Foundation
 Hunter Whealdon Foundation
 J.B. Levert Foundation, Inc.
 Kelly Gibson Foundation

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FOUNDATION

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